



Mental Health in the Workplace: An Employer's and Manager's Guide

Donna R. Kemp

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This unique book examines how mental health issues impact the workplace, and explores ways to create more mentally healthy work environments. Kemp shows how a mentally healthy workplace can enhance productivity, satisfaction, attendance, and longevity in employment and how companies should comply with federal laws including the 1990s Americans with Disabilities Act. Kemp points out the importance of mental health in the selection, management, and retention of employees and addresses issues such as violence in the workplace and the effects of corporate culture. She also shows the extent to which mental health plays a role in physical health problems and the cost of inappropriately focusing on physical health care when the underlying issues are mental and emotional health and lifestyle.

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