



# **The Bodhisattva Warriors: The Origin, Inner Philosophy, History and Symbolism of the Buddhist Martial Art within India and China**

*Shifu Nagaboshi Tomio*

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This unique study of the genesis and development of the earliest form of Buddhist self-defense practiced by Chuan Fa monks and mystics shows both the philosophical and physical basis of the skills developed and passed on to subsequent generations. This book seeks to reunite these concepts. Its teaching draws equally on the practices of North Chinese Chuan Movement Meditation Traditions and on the South Chinese Esoteric (Mi Chiao) School--both secret traditions rarely revealed to the general public. The material is presented so readers can understand that what we think of as a competitive sport is really a meditation mandala in action. Extensive appendices list the main Chinese dynasties, a chronology of Buddhist Sutras, a chronological record of scriptures, teachers, events during 1000 years of Indian and Chinese Buddhism, and translations of Bodhidharma's texts including The Six Gates, Entering the Buddha's Path, and the treatise upon the Bloodline Teaching of True Dharma.

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