



Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series)

Michael Lam, Dorine Lam

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Part of Dr. Lam's Adrenal recovery series of books, min-books, singles, dvd, and cd, THIS SINGLE CHAPTER IS AN EXCERPT OF THE LANDMARK 504 PAGE 7 X 10 INCH REFERENCE TEXTBOOK: "ADRENAL FATIGUE SYNDROME: RECLAIM YOUR ENERGY AND VITALITY WITH CLINICALLY PROVEN NATURAL PROGRAMS" BY SAME THE AUTHORS

The body's hormonal organs are closely tied together through various axes. Though lesser known than the HPA (hypothalamic-pituitary-adrenal) axis, the ovarian-adrenal-thyroid (OAT) hormonal axis is extremely important. When the OAT axis is disrupted, there is an imbalance of hormones that leads to symptoms of estrogen dominance, low energy, and hypothyroidism. Each component of the OAT axis affects the others. Imbalance of one will worsen the other and vice versa. Dr. Lam explains the clinical significance of Ovarian-Adrenal-Thyroid Axis Imbalance in this publication.

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This Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) book is simply not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book will be information inside this e-book incredible fresh, you will get facts which is getting deeper an individual read a lot of information you will get. This Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) without we know teach the one who reading it become critical in pondering and analyzing. Don't end up being worry Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) can bring whenever you are and not make your case space or bookshelves' turn out to be full because you can have it with your lovely laptop even cell phone. This Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) having good arrangement in word and also layout, so you will not feel uninterested in reading.

Jeffrey Paolucci:

Spent a free time and energy to be fun activity to do! A lot of people spent their leisure time with their family, or their own friends. Usually they performing activity like watching television, about to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book might be option to fill your free time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to test look for book, may be the publication untitled Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) can be very good book to read. May be it can be best activity to you.

Samuel Hamby:

Playing with family within a park, coming to see the water world or hanging out with pals is thing that usually you might have done when you have spare time, and then why you don't try matter that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series), you are able to enjoy both. It is fine combination right, you still wish to miss it? What kind of hangout type is it? Oh can happen its mind hangout fellas. What? Still don't understand it, oh come on its called reading friends.

Clarence Cobb:

What is your hobby? Have you heard in which question when you got scholars? We believe that that query

was given by teacher on their students. Many kinds of hobby, Every person has different hobby. So you know that little person similar to reading or as reading through become their hobby. You need to know that reading is very important along with book as to be the point. Book is important thing to include you knowledge, except your own teacher or lecturer. You will find good news or update regarding something by book. Numerous books that can you go onto be your object. One of them is actually Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series).

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