



# Preparing for Adolescence: How to Survive the Coming Years of Change

*Dr. James Dobson*

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**Preparing for Adolescence: How to Survive the Coming Years of Change** Dr. James Dobson

Founder of Focus on the Family covers the big topics all young people face, including feelings of inferiority, handling peer pressure, drug abuse, puberty, sexual development, menstruation, masturbation, romantic love, overcoming discouragement, sound dec

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