

## Easy Mug Recipes: Convenient and Unique Mug Recipes For Breakfast, Lunch, Dinner and More (The Easy Recipe)

Echo Bay Books

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Have you ever wanted a quick meal or a sweet treat but just didn't feel like creating a huge mess in the kitchen? Many college kids, young professionals and older adults that live alone just don't have the time or the energy to cook elaborate meals and desserts and it can actually be more difficult and expensive to turn a family recipe into a single-serving recipe. So what can you do when you're all alone and you just want a single-person meal or treat? Try a mug recipe.

A mug recipe is a meal or dessert that is made entirely in a standard coffee mug. Most ingredients are placed directly into the mug with no outside preparation or cooking needed except basic cutting, peeling, and measuring. Ingredients are then heated in the microwave oven for a short time, typically less than 5 minutes. After a brief cooling period, the meal or dessert can then be eaten directly from the mug with a fork or a spoon. Most must recipes require no more utensils than the mug and a spoon, making clean up a breeze. Mug recipes can give you the ability to create a truly delicious, hearty meal or dessert in a very short time with very little cleanup, perfect for a single person eating a meal for one.

In This Recipe Book You'll Find:

- Pumpkin Caramel Cake
- Omelet in a Mug
- Nutella Mug Cakes
- Chicken Pot Pie in a Mug
- Meatloaf in a Mug
- Peach Mug Cobbler
- Chocolate Pudding in a Mug
- And Much, Much More...



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