



# **Change Your Mind, Change Your Destiny: The lifestyle blueprint for the strategic Black woman who wants to win and master her life**

*L. A. Moore*

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Unlike other books written for Black women, “Change Your Mind, Change Your Destiny” does not tell Black women that they are supposed to be miserable. It does not talk down to Black women or tell Black women what they are doing wrong. “Change Your Mind, Change Your Destiny” is about Black women living the life they are destined to live - a successful and fulfilling life. Like the popular Bougie Black Girl blog, “Change Your Mind, Change Your Destiny” is direct and to the point. Using her life as an example, the author gives step-by-step ways on how to create goals and use concrete plans to achieve them. If any Black woman wants to change her mind and her destiny within a short period of time, this book is for her.



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