



NPTAE Secrets Study Guide: NPTAE Exam Review for the National Physical Therapy Assistant Examination

NPTAE Exam Secrets Test Prep Team

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*****Includes Practice Test Questions*****

Get the test prep help you need to be successful on the NPTAE test.

The NPTAE is extremely challenging and thorough test preparation is essential for success. *NPTAE Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the NPTAE Exam.

Not only does it provide a comprehensive guide to the NPTAE Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

NPTAE Secrets Study Guide includes:

- A thorough review for the National Physical Therapy Assistant Exam
- An analysis of exercise principles
- An examination of the musculoskeletal system
- A guide to the gait cycle
- An in-depth look at patient care
- A breakdown of the circulatory system
- An analysis of other organ systems
- An examination of pharmacology
- A guide to nutrition

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the Federation of State Boards of Physical Therapy (FSBPT) expects you to have mastered before sitting for the exam.

The Exercise Principles section covers:

- Modalities
- Axial Skeleton
- Appendicular Skeleton
- Muscular system
- Types of Muscle Fibers
- Fractures
- Musculoskeletal Conditions

The Gait Cycle section covers:

- Initial Contact
- Loading Response
- Midstance
- Terminal Stance

- Preswing
- Terminal Contact
- Initial Swing
- Midswing
- Terminal Swing

The Patient Care section covers:

- Ambulating a Patient
- Posture and Body Mechanics
- Transferring a Patient
- Prosthetic Terminology

The Circulatory System section covers:

- Course of Circulation
- The Heart
- Cardiovascular Conditions
- Rating of Perceived Exertion Scale
- Arrhythmias Review
- Cardiac Failure Review

The Various Organ Systems section covers:

- Neurology Review
- Respiratory Review
- Respiratory Conditions
- Endocrine Review
- Gastrointestinal Review
- Eye, Ear, and Mouth Review

The Pharmacology Review section covers:

- Routes of Drug Entry
- Pharmacology Review Chart

The Nutrition section covers:

- Six Key Nutrients
- Water, Protein, and Mineral Key Points
- Major Minerals
- Vitamins
- Carbohydrate and Fat Key Points

These sections are full of specific and detailed information that will be key to passing the NPATAE Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

Any test prep guide is only as good as its practice questions and answers, and that's another area where our guide stands out. Our test designers have provided scores of test questions that will prepare you for what to expect on the actual NPATAE Exam. Each answer is explained in depth, in order to make the principles and

reasoning behind it crystal clear.

We've helped thousands of people pass standardized tests and achieve their education and career goals. We've done this by setting high standards for our test preparation guides, and our *NPTAE Exam Secrets Study Guide* is no exception. It's an excellent investment in your future.

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