



The Ultimate Survival Guide

Chris McNab

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The world is a hostile environment, capable of throwing the unexpected at you at any moment. Bringing together the knowledge gained by those who have learnt it the hard way, The Ultimate Survival Guide is the only book you will ever need. Personal grit and courage count for a lot, but if you don't know how to find food and water, make shelter, light fires, and apply basic first-aid, amongst many other skills, your chances of survival can be slim.

For every scenario that you might find yourself in, from the humid heat of the tropics to the frozen poles, The Ultimate Survival Guide teaches you the fundamental survival techniques you need to survive without external help, and often without specialized equipment. Relying on the experiences of those who have survived in harsh situations themselves, the book tells you how to find food, water and shelter, and how to make back to safety if necessary.

Illustrated throughout with easy to follow artworks demonstrating how to perform essential survival tasks, The Ultimate Survival Guide requires no previous knowledge or experience, but will give you the core skills you need to survive, whatever the world might throw at you.

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