

Chakra Insights (Book 7) - Loving Relationships

Viv Rosser



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There is so much to say about what makes a relationship work. Most of the time when we fall in love, our head in the clouds we don't consider anything else but, 'being in love.' Then we start to bumble along, being together and keeping it together until something doesn't go right. At this point we may be challenged to know whether we love this person or not. What makes the differences between the relationships that last and those that don't?

This challenging question is explored in this book which relates to insights of the Heart Chakra and the Solar Chakra. The book explores our romantic myths and how we feel betrayed when our childhood ideas of true love don't materialise, or appear to be their initially and then reiterate the very painful feeling that occurred in way back then. Ultimately we are in relationships to explore ourselves, grow and mature by sharing responsible love. It takes an awareness of our selves and our often false expectations of our partner to make this happen.

This books is full of mandala and illustrations of romantic archetypes. It will challenge you to reconsider your past, present and future desires and I hope it will set you on a path to discover yourself and your partner through loving consciousness.

Viv Rosser is a Psychologist, trained and experienced Gestalt Therapist, Artist and Lecturer. This book is made for Kindle-fire and devices with Kindle-fire apps and is still easy to read on a black and white kindle although the mandalas work much better in colour; and I hope you gain insights from it.

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