



Narrative Reflections: How Witnessing Their Stories Changes Our Lives

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Narrative Reflections presents a series of poignant personal reflections by mental health professionals, triggered by reading interviews of Holocaust survivors and their families. Inspired by the practice of narrative therapy, these essays bear witness to the experience of survivors and facilitate deeper levels of self-awareness by each of the contributors. In each chapter, the themes of struggle, survival, and resilience demonstrate the power of narrative reflection as well as the role that narrative therapy might play for clinical mental health professionals. Together, co-editors Lucy S. Raizman and Bea Hollander-Goldfein and contributors Kilian Fritsch, Ruthy Kaiser, Peter Capper, Lyn Groome, Margaret S. Roth, and Michael Izzo engaged in a process that put each of them in closer contact with their own lives.

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