



# Speed Reading: How to Triple Your Reading Speed in Less than 12 Hours

*Stefan Anderson*

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## **Speed Reading: How to Triple Your Reading Speed in Less than 12 Hours** Stefan Anderson

In a society that hinges upon speed and fast results, it's no wonder why the reintroduction of speed reading in recent years has revitalized our society's interest in learning the skill. The ability to read words and sentences at a rate much faster than regular reading has captured the attention of many who seek to retain and comprehend vast amounts of information in as little time as possible. And although speed reading is an effective and beneficial skill that we all have the potential of unlocking, it requires our time, knowledge, and dedication. Through descriptive explanations of speed reading techniques and habits to avoid while reading, tips on how to set up your speed reading environment, detailed pointers on how to practice speed reading, and texts to practice your new skills on, this book will help you improve your reading speed in less than 12 hours.

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